

How to Use a Hygiene Sling

Female: Good morning, Mr. Smith.

Male: Good morning.

F: This morning I'm going to use the ceiling track lift with the hygiene sling. And we're going to use the hygiene sling because we're going to help you to the toilet. So I'm just going to get you sitting up first. That's probably good. This is going to go around your back. Take this off. I'll just get you to lean forward for me. You can lean back. This is going to go under your arms. Just do up this strap here. And this goes under your arms. And these are going to go under your legs. We're just going to get you connected to the lift. Your care plan says to use the shortest loop. That's to get you into a sitting position. I've got the shortest loop on this side [and] shortest loop on this side [top / head end of sling]. And then we're going to use the longest loop at the bottom [foot end of sling]. And we're not crossing the straps at the bottom because we're going to get you onto the toilet. So you can hold on here. Your arms are on the outside of this sling. You can hold on there. And we're going to go up. Are you feeling okay?