

Sit to Stand Mechanical Assist

Female: Good morning, Mr. Smith.

Male: Good morning.

F: My name's Kim. I'm your nurse today. How are you feeling?

M: I'm fine.

F: I'm going to use the sit to stand to get you up into your wheelchair. I've checked your care plan, so that's what we're going to do. First I'm going to do a little assessment to make sure that this lift is okay to use. So I'll just pull back your covers. I'll just get you to bend your legs for me. Can you just lift your hips off the bed? Okay, that's great. You can straighten your legs. Can you roll over towards me onto your side? Okay. I'll get you to swing your legs and sit yourself up. How are you feeling?

M: Fine.

F: Do you feel dizzy?

M: No.

F: Okay. Can you lean forward for me? Okay, sit back up. I'll get you to lift this foot off the ground and then straighten your knee. Perfect. Now your other leg. Great. Okay, so we're good to use the lift. I'll just put your shoes on for you. I'm just going to get you to put your feet on this platform. I'll put the brakes on. We're going to put this sling around you under your arms. Okay, and I'm going to get you to hold on there and then we'll put this leg strap on. Okay, so we're going to get you into this chair and I've got the brakes on it. I'm going to lift you up and you're going to use your legs to help stand you up. Okay, here we go. Feeling

okay?

M: Yes.

F: All right, we're going to move you now. Okay, so the chair is underneath you.
We're going to go down. Does that feel comfortable?

M: Yes.

F: All right, we'll take this sling off. I'm going to lean [you] forward. I'll take your
leg strap off and we'll just put your seatbelt on. I'll take this away. Okay we're
done.